

Abi Recommends...

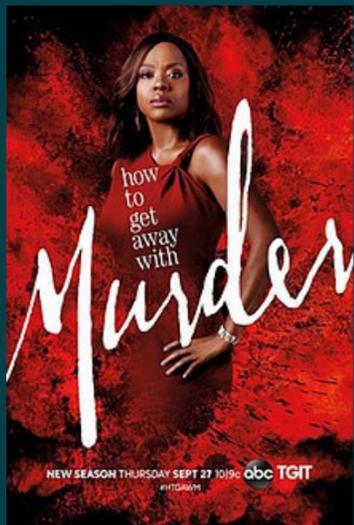
National
Inclusion Week
2020 28th September -
4th October



WILLMOTT DIXON
INTERIORS

How to get away with murder -

"Initially, I started this series as I love crime and legal shows, but I quickly realised the sheer levels of diversity throughout and how individuals are celebrated for their differences. The strong female lead, portrayed by Viola Davis, is a successful lawyer and lecturer with her own legal clinic. She works with a group of five of her students, all diverse in their own way. I loved how the show covers topics such as race, adoption, sexuality, single-parenthood as well as lots of crime and I've enjoyed watching all five seasons of the show available on Netflix and can't wait to watch the sixth!"



Available on Netflix

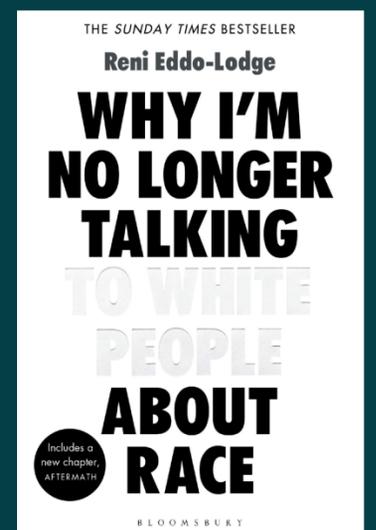
Why I'm no longer talking to white people about race -

"This is one of the most thought provoking books which I have ever read. It is educational, inspiring and emotional, but it brings to light so many issues regarding race here in the UK. Reni Eddo-Lodge writes phenomenally about hard hitting truths and inspires us all to do better as human beings. I think everyone should read this book as it can truly change your perspective on traditional class systems, feminism, immigration and the history of the country we live in, all within a short, easy to read novel centred around racial prejudice in the country we live in."



Abi Inskip

Operations Management Trainee,
Willmott Dixon Interiors



Available on Amazon

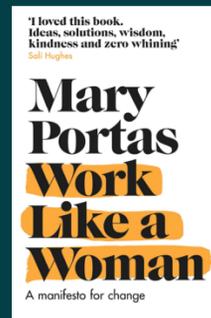
Anna Recommends...

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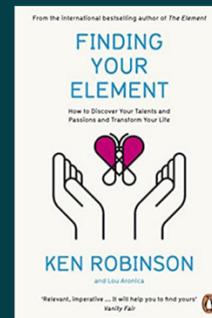

WILLMOTT DIXON
INTERIORS

Work like a woman –

"I absolutely loved this book because it challenges businesses to re-think harmful alpha cultures in workplaces. It demonstrates how tapping into leadership qualities that are considered 'feminine' like empathy, intuition, creativity and collaboration can support a more holistic and wholesome way of working."



Amazon



Amazon

Finding Your element: How to discover your talents and passions and transform your life -
"Literally changed my life. It looks at how we all have unique talents and that when we tap into this we can really thrive and deliver impact in the world. However current systems in education and businesses, limit what we think 'unique talents' are. Ken opens our minds to recognise people think differently and have different talents and skills that should all be celebrated and nurtured in our society."

'Self-made' -

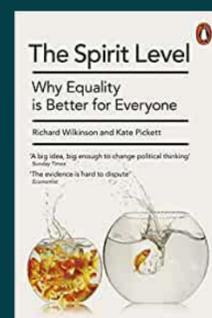
"A tv show based on the biography of Madam C.J Walker, an African American entrepreneur. I was so inspired by this woman's journey, not only because back in this time women would have struggled to earn their own money but also because of the racial inequalities. I loved how Madam CJ Walker had the courage to step out on her own and do something to make a difference to her community through the hair products she developed. She is also recorded as a first female self made millionaire in America, and I was very glad to see the Netflix were promoting and celebrating a black female role model who really made a change."



Anna Koukoullis
Head of Social Value,
Willmott Dixon Interiors



Netflix



Amazon

The spirit level, why equality is better for everyone – nurture vs nature?

"This book demonstrates that people growing up in unequal societies dramatically decreases someone's life expectancy, mental health, literacy. A fantastic book that makes you stop and think about the pockets of inequality across the world. I was also amazed to see the UK and the US were the lowest for equality."

Charlotte Recommends...

13th

"13th is a documentary available on Netflix about the unfairness of mass incarceration in USA's prison system. It was shocking and eye-opening to see how African American's are treated under this system and how slavery and racial inequality is ingrained so far in to it being supported by their 13th Amendment, through a loophole of slavery being allowed 'as punishment for crime'. I highly recommend this documentary to gain an insight of the injustice."

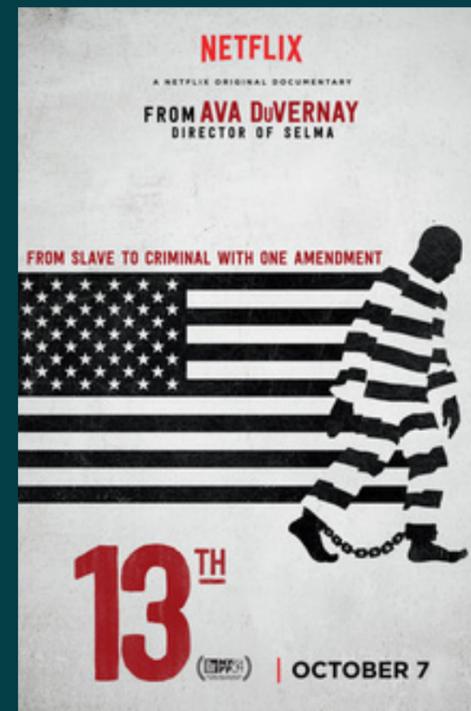
Charlotte Mint

Sales and Marketing Management Trainee
Willmott Dixon Interiors

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INTERIORS



Available
on Netflix



Hayley Recommends...

Girl, Woman, Other

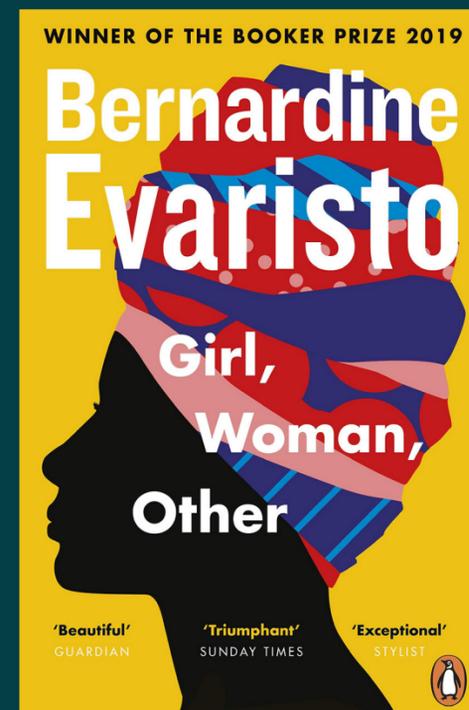
"Girl, Woman, Other follows the fascinating stories of 12 women living in modern Britain whose lives are all connected in different ways. It subtly explores how diversities (race, class, gender, sexuality) have defined their life experiences. Author Bernadine Evaristo is the first black person to ever win the Booker Prize for 'Girl, Woman, Other' last year in 2019. I've found it interesting reading about various women's everyday lives through different perspectives. It raises awareness of issues that you might not even think of, such as the isolation of being the only person of colour at your university or in your workplace."

Hayley Newman
Assistant Sustainability Manager
Willmott Dixon Interiors

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Simeon Recommends...

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INTERIORS

This American Life - Burn it Down -

“In this episode ‘Burn It Down’ a reporter investigates the assignment of a new fire chief in Amsterdam who wants to understand and change the non-inclusive culture within his new department. The new Chief openly discuss the toxic, macho & racist culture within the department to the press, city officials and the people at large while he launched a campaign to stamp it out. The whole department was against him, as was the city mayor, no one wanted to admit the truths about those who were thought of as the cities heroes. As it reads below the department fought back against him. The reporter speaks with the chief and the people within the department who suffered racial and sexist abuse as well as those on the other side who believed they were just ‘messaging around’ or ‘having a laugh’ – some simply didn’t care about their actions. Some of stories she uncovers will not sound too dissimilar those we hear about in our own industry. It is a very insightful podcast and highlights how non-inclusive behaviours can have such a serious affect on others within that environment and how some refuse or simply fail to understand if they themselves are part of that culture.”

Simeon LeGood
Project Surveyor,
Willmott Dixon Interiors



Available
on Spotify

